

# StudentNews

A MONTHLY PUBLICATION FOR ARIZONA STUDENT UNION STUDENT EMPLOYEES

March 2011

Created just for you by: Student Human Resources (SHR)

## Better Know A Unit

For this month's "Better Know a Unit" article we are bringing to you the most athletic unit under the umbrella of the Union. Have you guessed which one yet? That's right, this month we are talking about none other than the McKale Center!

Buried deep within the McKale Basketball Stadium there is an oasis in the middle of gyms and locker rooms. That oasis happens to be the McKale Center! This is the perfect place to go when you are craving a quick snack and or a refreshing drink.

There are a couple guidelines though:

1. Don't get lost, those hallways twist and turn quickly. I, Vinnie (not Jen, because she is smarter than me), had to leave a bread crumb trail just to be able to get out.

2. You might have to squint your eyes to see it among all the massive gyms and locker rooms.

3. You also have to move fast! You also have to move fast! With McKale's short hours



(only open from 7:30am-2pm), time flies by fast. Oh! We almost forgot to mention the perk of the eye candy that happens to roam these halls. Rumor has it the elusive SwimCat roams these halls and can be found at this wonderful oasis called the McKale Center. I, Vinnie, thought I saw one, Jen chased one down...but it got away (refer back to #1 of the guidelines above). We're still hunting though! So, go check out the McKale Center between 7:30am and 2pm and grab a snack while you roam the halls hunting SwimCats.

-Vinnie Fiorucci

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## PRO-DEV TRAININGS

### Student Sessions- Communicating with your Supervisor

Monday, March 7

2:00pm-3:00pm

Tubac Room

### Safety & Security (Managers, Supervisors,

### PIPs, & Leads

Monday, March 7

7:00pm-9:00pm

Tubac Room

Wednesday, March 9

9:00am-11:00am

Tubac Room

Thursday, March 10

2:00pm-4:00pm

Presidio Room

### Safety & Security for all other Student Union

### Employees

Monday, April 4

4:00pm-6:00pm

Agave Room

Wednesday, April 6

8:00am-10:00am

Agave Room

**More dates to come**

Got a comment, question, suggestion or idea for the Arizona Student Union's SHR committee?

Let us know by e-mailing us at [unionshr@email.arizona.edu](mailto:unionshr@email.arizona.edu), 520-626-9205. We appreciate your feedback and are always open to ways to improve our services!



## Introducing: Coca-Cola Freestyle

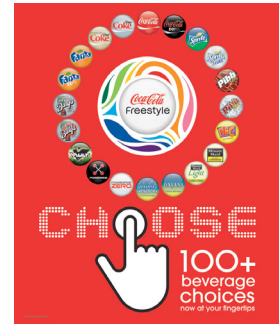
The vending experience of the future reached the UofA this semester! In January, Coca Cola's newest line of soda dispensing machine was installed in our very own Cellar Bistro. With 106 different flavor combinations, you can now personalize your drink to fit your style. Let me say that again: 106 different flavors! How do you get so many? The Freestyle machine uses concentrated ingredients that include 46oz packages of flavoring mixed with water and sweetener RIGHT WHERE THE BEVERAGE IS DISPENSED! This eliminates the issue of the 5 gallon bags of syrup that so many of you have had to re-stock. What a time saver! As if that wasn't innovative enough, you order your drink by touchscreen. Step 1) Choose the "mother flavor," be it Coke, Sprite, Fanta, etc. Step 2) Choose your mix-in. The machine can pour

up to 95 drinks per hour and you get all of your soda needs from one spot, from ice to soda to flavor.

This vending-machine-gone-21st-century is all the rage around the country. Heidi Klum was seen using the machine at the 2010 AMAs ordering herself a Diet Raspberry Coke. The individualized sodas are becoming a trend around the Unions as well. Even though employees aren't allowed to get their break drinks from the Freestyle machine, many student employees are spending money to get their personal mix. Andy Caun of the Cellar Bistro said "I like the cherry Sprite... but all the Cokes are good!" Perla Valenzuela and Angel Olvera were in agreement that the Dasanis were the best. Angel likes his as a sparkling Dasani, while Perla likes hers flavored with lime. She says, "I like the flavored Dasani because it gets you to drink more water!"

This machine is so cool, so why isn't it everywhere!? The Freestyle machines can be quite pricey and costs 30% more than a regular soda machine to buy ingredients and maintain. So far, there are only 318 Freestyle machine locations nationwide and only 24 of those are in Arizona! In fact, the UofA is the first Arizona University to have one (take THAT Sun Devils!) So check out the Coca Cola Freestyle machine down at the Cellar Bistro and enjoy a drink that has personal style and a perfect pour!

-Jen Martin



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## Live Underground Music... Literally!

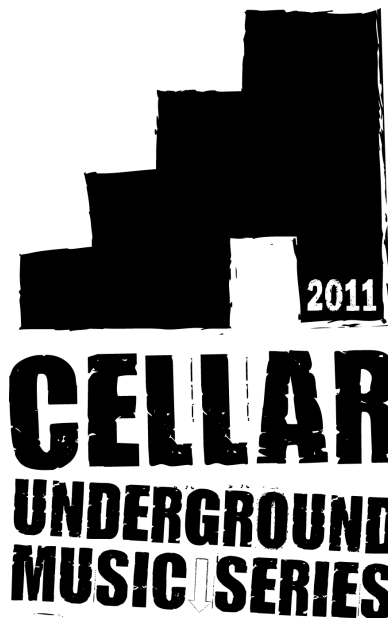
The University of Arizona is proud to present the brand new 2011 Cellar Concert Series. This collection of 4 concerts throughout the semester will be held in the Games Room in the Cellar of the Student Union Memorial Center, and feature popular local bands for only \$5. The series runs Fridays, February 11th, February 25th, March 25th, and April 29th.

The first concert on February 11th kicked off with a handful of Tucson's own ripe talent including local pianist/vocalist Steff Koeppen with her band The Articles and featuring headliners — Race You There. On Friday, February 25th, the second concert in the series boasts a wide spectrum of exceptional music featuring original acoustic/indie songs from Kyle Petit, amazing 16-year-old singer/songwriter/pianist Alisha Peru, and the straight ahead pop-punk headliners Falling August.

To see more awesome lineups, purchase tickets in advance at the Cellar Games Room.

Tickets are only \$5. Doors open each Friday at 6:00 PM. Tickets may still be available day of show, but seating is limited. For more information on the concert series, including upcoming events and more information on the bands, visit [facebook.com/Arizonaunions](https://www.facebook.com/Arizonaunions) or [union.arizona.edu/gamesroom](http://union.arizona.edu/gamesroom)

- Union Marketing



## Scholarship for Union Employees

The Employee Relations Committee is pleased to announce that the Arizona Student Unions have 3 scholarships available for our student employees. Applications are available at the Student Union Memorial Center Information desk. Students must meet the criteria specific to the scholarship applied for as stated on the application. Forms must be completed as directed to be eligible for consideration. Applications need to be turned in to the Information desk by 4:00pm on Friday, March 25, 2011. Final Selections will be made by the Employee Relations Committee and awarded in early April.

-Employee Relations Committee

## So... What is There To Do in Tucson?

Many people seem to think that there is not a lot to do in Tucson when you have down time, especially close to campus. Well, you're in for a treat. Tucson is one artsy city! The Loft Cinema located on Speedway and just East of Country Club (A quick bike ride or car ride from U of A) is an independent film art house. They show many documentaries and foreign films for less than \$7! They even serve pizza and alcohol (if you're 21 of course) while you watch your movie. It is rated Tucson's favorite movie theater and is in a convenient location and cheaply priced - what more could you ask for? Even the concessions are cheaper than any of the other movie theaters around town. Even if you go once, definitely check it out with some friends, it's sure to be a good time and something different from your everyday routine!

Some ASUA/CSIL Events in March:

- March 2 & March 25th: The Board hosts Open Mic Night at 7PM in the Cellar
- Safety Fair through ASUA on the UA Mall March 3rd 10-2pm
- Comedy Corner Stand Up Comedy through The Board Every Wednesday from 9-10PM in the Cellar Restaurant
- Apartment Rush! This is a shuttle tour of 6 apartment complexes around Tucson that are student housing. Sign up online at [union.arizona.edu/csil/ochadvertiser/aptrush\\_reg1.php](http://union.arizona.edu/csil/ochadvertiser/aptrush_reg1.php) Saturday, March 5th from 12PM-4PM.
- SICK Fest through Comedy Corner and The Board March 26th (contact The Board for more information at 520-626-0036)
- SHAC (Student Health Advisory Commit-

tee) 5K Run around the UA campus March 26th. Check in at 7:30am and the run begins at 9:00am at the West end of the UA Mall. Register at [rfyl.arizona.edu/event.htm](http://rfyl.arizona.edu/event.htm) starting now until March 11th for \$15 or from March 12th until the event for \$20. Free T-shirt included! All proceeds benefit Tucson HopeFest.

- Battle of the Bands through The Board and ASUA March 28-30th. Get applications in CSIL (Room 404 of the SUMC)

- Blacklight Pool in the Games Room in the Cellar (1st floor of the SUMC) March 24th 7PM-2AM Play pool all night long under blacklights with glow in the dark pool balls for only \$4 all night! Check it out!

-Adina Bambur

## RELAY FOR LIFE- "Since Cancer Never Sleeps..."

It's that time of the year again-- the annual UA Relay for Life campaign sponsored by the American Cancer Society is coming to campus on April 15th-16th! This will be the University's 11th year participating in this philanthropic event. Over 50 clubs will enter this year to help raise money to fight against cancer. Relay for Life is an overnight event where the campus comes together as a community and support those who have and are fighting cancer as well as the families of the cancer victims. In past years, people have quoted "since cancer never sleeps, for one night, neither will we" in honor of Relay. There is a traditional luminaria candle light ceremony and walk of silence in honor of the fighters as well as stage time for people to share poems and words of encouragement. Get involved and participate your club or organization in this year's Relay for Life by contacting the American Cancer Society at (520) 321-7989 or check them out on Facebook: [www.facebook.com/RelayForLife](http://www.facebook.com/RelayForLife).

-Solena Curry

## Student Employee Profiles

### Grant Withers

Job: Redington Catering Steward

Year: Freshman

Major: Biology

Favorite Lucky Charms marshmallow:

Pot of gold because I like money.

Will you be wearing green for St. Patrick's

Day?

Yeah.

Favorite thing about your job:

The Employees I work with.



### Raven Griffin

Job: Cashier & Froyo Operator @ Cactus Grill

Year: Junior

Major: Anthropology

Favorite Lucky Charms marshmallow:

The red balloon because of "Billy's Balloon" online, search youtube. It's about a boy whose balloon attacks him. It's funny.

Will you be wearing green for St. Patrick's

Day?

I always have green, it's built in. (Raven's eyes are green)

Favorite thing about your job:

I like the challenge of pronouncing foreign and uncommon names.



## Why Recycle??

Have you noticed the new recycle bins throughout the Union? The new bins are meant to help you make a more conscious effort to recycle your trash. Here are some interesting facts about the effects on recycling for environmental sustainability. Hopefully next time you throw something away at work or home you will remember how you impact the environment:

- Each year, the United States uses 85.5 million tons of paper, of which we recycle only 22%, or 19 million tons. Of the remaining paper, we could recycle up to 70% or 46 million tons. And those 46 million tons could save 782 million trees.

- Every individual in the United States produces an average of 4.3 lbs. of garbage every day

- Every ton of paper recycled saves enough energy to heat and air condition the average

American home for at least six months

- Energy saved from recycling one aluminum can could operate a computer or TV for three hours and a six-pack saves enough energy to drive a car five miles.

- One glass bottle saves enough energy to power a 400-watt light bulb for four hours

- Americans throw away enough wood and paper annually to heat 500 homes for 200 years

- Biodegrading in a landfill takes:

- 90 years for an aluminum can

- 700 years for a plastic bottle

- 1 million years for a glass bottle

- One ton of paper from recycled pulp saves 17 trees, 3 cubic yards of landfill space, 7000 gallons of water, 4200 kWh (enough to heat your home for half a year), 390 gallons of oil, and prevents 60 pounds of air pollution.

(Thanks to UCLA Sustainability for sharing these facts)

-Marisa Enriquez

## CELEBRITY GOSSIP



Hugh Hefner and Crystal Harris have officially set a wedding date. The two will wed June 18th at the mansion.



Demi Lovato has been hanging out with Wilmer Valderrama. The two have been seen at the movies and grocery store together.



Justin Bieber gets a haircut. That's right, a new do. Kim Kardashian's opinion? "I have seen the haircut and it's really cute."



Media turns Katy Perry's general comment on product placement into personal attack on Britney Spears' video. Don't worry, she's cleared up the misunderstanding by reprimanding the tabloids.

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## Safety Matters

Spring Break is almost here! No matter where you're going – Mexico, California, or anywhere else- it is super important to think beforehand about ways to stay safe. If you're driving, take turns driving and make the person sitting shotgun in charge of keeping the driver alert and awake.

Keep in mind the legal drinking age in whatever country you are in, and if you DO decide to drink be responsible! Be aware of the signs of alcohol poisoning. Safespringbreak.org reports "according to a University of Wisconsin study, 75 percent of college males and 43 percent of females reported being intoxicated on a daily basis during spring break." Know that the sun can maximize the effects of alcohol and stay hydrated! Make sure to wear sunscreen even if getting a sweet tan is your number one goal: it will protect your skin and you can still get a tan, even in the shade.

Being on Spring Break does NOT mean that you should relax on common sense safety when you go out! Never leave your drink unattended, and be on the lookout for signs that your drink has been tampered with. A good rule of thumb is to go out with you friends and go home with your friends.

Keep an eye out for alternative spring breaks offered by ASUA and as always have fun!

-Maggie Schiltz

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## Combo Meals For You

Did you know the Arizona Student Union's provide a variety of affordable combo meals without breaking your piggy bank? Well... you can rest in peace knowing your piggy bank will remain in perfection and your appetite fulfilled with deliciousness. Check out many participating Union locations offering combos meals on Wednesdays for \$3 dollar and Friday's for \$5. My personal favorite is Fuel's Buffalo Chicken Flatbread & Electrolyte Water, mmm so lovely and yummy. These delicious meals are guaranteed to make you eat smart and save money. Seriously, who wouldn't appreciate that?

For more Information visit:  
[union.arizona.edu/cheapeats](http://union.arizona.edu/cheapeats)  
[www.youtube.com/watch?v=Qj0-Mn63UG0](http://www.youtube.com/watch?v=Qj0-Mn63UG0)

-Ashley LaBar



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## Students with birthdays in March!



Visit SHR Online!

[union.arizona.edu/shr](http://union.arizona.edu/shr)