



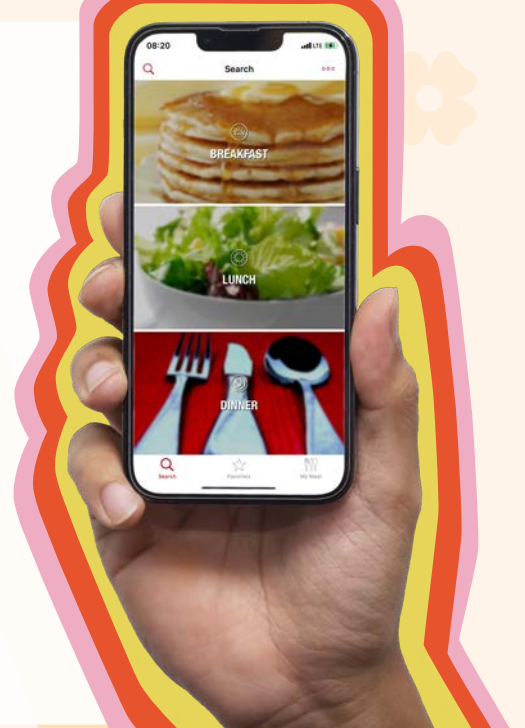
# Arizona Dining News

## Nutrition Calculator

### Stay Healthier with Arizona Dining's Nutrition Calculator

Want to make better choices about what you eat on campus? Look no further! Arizona Dining's [Nutrition Calculator](#) is here to empower you with all the essential information you need to make healthy and mindful food decisions.

Whether you're watching your macros, or navigating dietary restrictions, our Nutrition Calculator has got you covered. With just a few clicks, you can access comprehensive nutrition facts, ingredient lists, and even filter foods based on your specific dietary needs.



### Arizona Dining Menus Online

No more wondering what the all-you-care-to-eat menus are for the day. [Check menus](#) from your dorm or a classroom. We want you to know before you go. Is today your favorite Radicchio menu - make Wednesday Radicchio day. Does Cactus have enchiladas or tacos on the hot bar? Yes! You can also check nutrition and dietary information.

## Never Hungry TIP

### Ramadan is Here March 10 - April 9

If you celebrate Ramadan we have some news for you. You can now purchase **halal certified reheatable meals** at Arizona Market, Global Market and Highland Grocery.

You can also request special halal certified meats at '85 North and Cactus Grill. Dine in or take it to go and enjoy at your convenience.



## New Swipe Menus: Cork & Craft & Highland Grocery

### DINING JUST GOT EASIER



#### CHOOSE ONE OPTION FOR 1 SWIPE



Chili Cheese Fries & Dirty Soda

Charred Brussels & Hush Puppies

Cup Of Soup, Side Salad & Coca-Cola Product

The Breakfast Highland Burrito & Fountain Drink

Cheese Quesadilla W/ Chicken & Fountain Drink

Ultimate Grilled Cheese & Side Salad

#### CHOOSE ONE OPTION FOR 2 SWIPES

Black Bean Mushroom Burger & Cafe Latte Flan

Prime Rib Dip, Side Salad & Mocktail

Chicken Wedge Salad, Cup of Soup & Mocktail

Bacon Cheeseburger W/ Fried Egg, Side Salad, Fruit & Fountain Drink

The Famous Highland Burrito W/ Steak, Side Salad, Fruit & Fountain Drink

The Steak Breakfast Burrito, Side Salad, Fruit & Fountain Drink

Check out our new swipe menus [here](#).

## IYKYK IYKYK

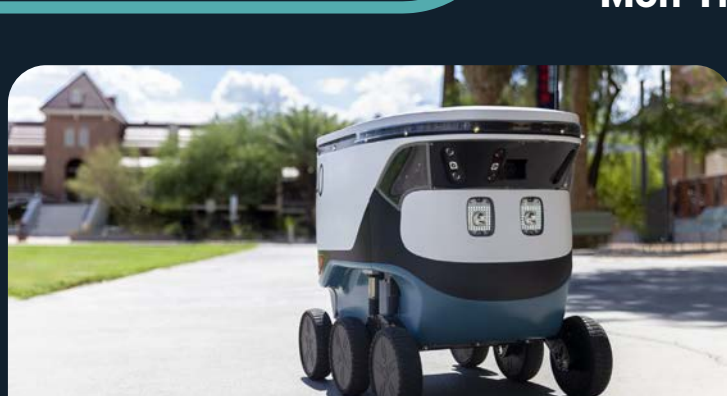
### Highland Grocery Changes to Better Serve Your Needs

Great news Highland Grocery fans, the grill will still be open for all your burrito and hot food cravings. But, the all-you-care-to-eat hot bar will not be available on the weekends anymore. You can still fill up on soup and salad as the cold bar will remain open.

### New Hours for Hot and Cold Bar

Please note, hours for the hot and cold bar serving breakfast, lunch, and dinner have changed. Cold bar & soup remains available on weekends.

**Mon-Thu: 8 AM-7 PM | Fri: 8 AM-4 PM**



### Grubhub Surprise

Ordering through Grubhub this month? There is bound to be a little surprise along the way!



### Boba is now at Sichuan

The colorful bobas have moved to Sichuan Kitchen located on the second level of the food court at Global.

## Living Like A Rockstar

### Throw Back Tour

Enjoy a **FREE Coca-Cola float** provided to you by no other than Coke at their Throw Back Tour. Look for the Airstream on the mall.

March 14 at 11:00 am-3:00 pm  
On the Mall by SUMC



## 2024 TOUR DATES

'85 North  
Arizona Market  
Cactus Grill  
Catalyst Café  
Chick-Fil-A  
Core  
Core+  
Cork & Craft  
Einstein Bros. Bagels  
Global Market  
Highland Grocery  
Ike's Coffee & Marketplace

IQ Fresh  
Más Tacos  
Nrich Urban Market  
Nrich Urban Market Express  
On Deck Deli  
Panda Express  
Papa Johns Pizza  
Radicchio  
Red & Blue Market  
Sabor Mexican Fare  
Saffron Bites @ Global  
Saffron Bites @ SUMC

Scented Leaf  
Shake Smart @ Campus Rec  
Shake Smart @ North Rec  
Sichuan Kitchen  
Slot Canyon Café  
Starbucks Bookstore  
Starbucks Global  
Starbucks Library  
Sushi with Gusto  
The Den By Denny's

**Over 30 Kitchens Cooking Just For You**