

## Smart Eats Sharp Minds

### Fuel up for Finals!

Don't just survive finals, let us help you thrive with our ultimate finals survival guide! We've prepped awesome deals on brain-boosting bites and study session sips running December 7 through December 14. From free coffee at Starbucks to discounted breakfast at The Den, we're dishing out discounts to keep your energy up, focus sharp, and hydration game strong as you conquer your finals these upcoming weeks. Check out our weekly deals below. 🍷 #FuelYourBrain

- Starbucks @ Global - Free Tall Drip Coffee from 9a-11a only
- Starbucks @ Library - Free Tall Drip Coffee from 7p-9p only
- Einsteins @ SUMC - Free Small Drip Coffee from 3p-6p only
- The Den - \$3.99 Grand Slam (normally \$6.99) from 9a-11a only
- Core + - \$1 off protein addition
- Más Tacos & Sabor - free beans with purchase of à la carte item
- Nich Urban Market - \$1 off fresh pressed juice from 7a-9a only
- IQ Fresh - \$1 off CHAMP Smoothie all day
- Radicchio - \$5 all day every day
- '85 North - \$1 off retail lunch price
- Highland Grocery - \$1 off retail dinner price

## Meal Plan Update

### Spend Before You Split!

Let the holiday celebrations begin! Don't let your remaining Meal Plan funds go to waste. 🎁 Remember, your Swipes will expire on **December 14th at 11:59pm**. Use 'em so you don't lose 'em! Here are a few ideas to help you spend before you split:

- Stay fueled for all those finals with the deals above.
- Stock up on travel snacks for the flight or drive home. Arizona Market, Global Market, and Highland Grocery are perfect for places to grab stocking stuffer treats.
- Be the holiday hero and bring home a single meal or bake sale treat to share with family and friends.

## IYKYK

### HOLIDAY BAKE SALE

'Tis the season for holiday treats that will jingle your taste buds! Visit our Holiday Bake Sale from December 11-13th in front of On Deck Deli, featuring irresistible baked goods like Bouche Noël, Gingerbread Cookie, Carrot Cake, Jalapeño Cheese Bread, and other treats! Pre-order your items on the Grubhub mobile app NOW and make your holiday table the talk of the town! Click here for all the delicious details - your little buds will thank you! 🍪🍷

### HOLIDAY SINGLE MEALS

Craving a touch of savory goodness this holiday season? Fear not! Our Single Meals To-Go are here to save the day. Enjoy mouthwatering Prime Rib or savory Vegetable Wellington, accompanied by a few delicious sides. Place your order on Grubhub now through the 14th and leave the stress of cooking behind. 🍴🍷

## Living like a ROCK STAR

### DIY JAR FULL OF JOY

Need last-minute holiday gift ideas for friends and family? We've got you covered! Create a DIY Holiday Trail Mix with bulk items from Highland Grocery. 🍷🍷

#### FOOD ITEMS

- Muesli
- Chocolate chips
- Dry roasted almonds
- Dried diced apricots

#### MATERIALS

- Cute Mason Jar
- Ribbon or Bow

#### INSTRUCTIONS

1. Collect all of your ingredients from Highland Grocery
2. Mix them all together and add them into your jars.
3. Don't forget to sprinkle in some love with a sweet note and a bow - it's a gift straight from the heart!

#hellorockstar

## It's Time For Coke Surprise and Delights!

This month when you order by rover, be sure to check for a little Fall surprise from Coke! Follow us @suzuzumians to get a sneak peek on when and what these covers will be delivering to you!

Don't forget to keep an 📲 out on socials to know about events, giveaways, and updates!

## 2023 TOUR DATES

Shop with your swipes, and spend before they expire on December 14th, 2023.

'85 North  
Arizona Market  
Báñh Mí @ the Roadrunner  
Cactus Grill  
Catalyst Café  
Chick-FI-A  
Core  
Core+  
Cork & Craft  
Einstein Bros. Bagels  
Global Market  
Highland Grocery

Ike's Coffee & Marketplace  
IQ Fresh  
Más Tacos  
Nich Urban Market  
Nich Urban Market Express  
On Deck Deli  
Panda Express  
Papa John's Pizza  
Radicchio  
Red & Blue Market  
Sabor Mexican Fare  
Saffron Bites @ Global

Saffron Bites @ SUMC  
Scented Leaf  
Shake Smart @ Campus Rec  
Shake Smart @ North Rec  
Sichuan Kitchen  
Slot Canyon Cafe  
Starbucks Bookstore  
Starbucks Global  
Starbucks Library  
Sushi with Gusto  
The Den By Denny's

Over 30 Kitchen Cooking Just For You