



# Arizona Dining News

## What To Look Forward To This Semester

Welcome back, Wildcats! We hope you had the best holiday break with friends and loved ones. As you settle into 2023, here's a peek at what you can expect from Arizona Dining in the months to come:

- ✓ Fortify that "New Year, New You" new year's resolution with healthy snacks and nutrient-dense dining options at various on-campus dining locations. Follow us on social @uazunions for great ideas
- ✓ Grab a treat for your sweet during our Valentine's Day Bake Sale
- ✓ New monthly flavors and flare delivered to you with rovers
- ✓ Delightful plant-based dining options



## Never Hungry TIP

### To-Go, To-Go, To-Go

Pssst... lean in... this month's tip is **TOo-GO**od to miss! Don't forget **TO-GO** to your Grubhub app, skip the lines, and take your food **TO-GO** wherever your schedule takes you. (even though it's probably just class 🙄)! #neverhangry



## Meal Plan Update

### How can I ensure I use all my Swipes each month?

Your Meal Plan is the key(card) to unlock your dining dreams on-campus. From breakfast burritos all day to salads and stir fry when you want to eat the rainbow, you can use your Swipes to satisfy all!

[Click here to check your balance](#), or better yet, add your Meal Plan to your Cat Cloud Dashboard so that you can always keep tabs on the key to your stomach's happiness – I mean your Meal Plan balance.

## IYKYK IYKYK

### Nrich Pressed Juices 🍹

What's better than a basket of fruit? A fresh pressed cup of it! Check out Nrich Urban Market for a juicy menu that's sure to quench your thirst and make you forget all about fruit baskets. Disagree? No problem. #IYKYK (aka build your own juice 🍹)

## Living like a ROCK STAR

Behind every rockstar is someone (or something) to give them a good boost. Channel your inner rockstar and grab one of our Immunity Boosters to fuel up and rock on.

### Some ideas to get you started:

- Fresh Produce from [Highland Market](#)
- Soup from [On Deck Deli](#)
- Acai Bowl from [Core Plus](#)
- Yogurt Bar from ['85 North](#)
- Spicy Lentils from [Sabor](#)
- Square Root Juice from [Nrich](#)
- What's Up Doc from [IQ Fresh](#)

## 2023 TOUR DATES

Head up to the 3rd floor at SUMC to scope out the latest plant-based all-you-care-to-eat dining addition

### Radicchio

Sabor Mexican Fare  
Saffron Bites @ SUMC  
Starbucks Bookstore  
The Scoop  
Core+  
Global Market  
Mas Tacos  
Nrich Urban Market Express  
Sichuan Kitchen  
Starbucks Global  
Arizona Market

Cactus Grill  
Chick-Fil-A  
Core  
Einstein Bros. Bagels  
IQ Fresh  
Nrich Urban Market  
On Deck Deli  
Panda Express  
Papa John's Pizza  
Bánh Mi @ the Roadrunner

The Den  
'85 North  
Catalyst Café  
Saffron Bites @ Global  
Highland Market  
Ike's Coffee & Marketplace  
Red & Blue Market  
Shake Smart @ Campus Rec  
Shake Smart @ North Rec  
Slot Canyon Café  
Starbucks Library

## 33 Kitchens Cooking Just For You