The consumption of raw or undercooked meat, fish, eggs, poultry, seafood or shellfish can increase your risk of food-borne illness. This is especially true for people with certain medical conditions.

CONSUMER ADVISORY:

That’s a Wrap

THE ITALIAN JOB ........................................ 10.49
Ham, Peppered Turkey, Salami, Provolone, Lettuce, Tomato, Sport Peppers, Spinach Wrap

HAIL CAESAR ............................................. 8.19
Chopped Romaine, Grilled Chicken, Parmesan, Croutons, Caesar Dressing, Whole Wheat Wrap

GYRO WRAPTURE ......................................... 8.19
Gyro Meat, Red Onion, Tomato, Lettuce, Tzatziki Sauce, Feta Cheese, Pita

WRAPZILLA ................................................ 8.99
Ham, Turkey, Bacon, Swiss Cheese, Lettuce, Tomato, Pesto Spread, Whole Wheat Wrap

CRUNCH ROLL ........................................... 8.19
Criscy Chicken Tenders, Shredded Lettuce, Tomatoes, Serrano Ranch Dressing, Spinach Wrap

GARDEN OF EDEN ..................................... 7.19
Hummus, Fattoush, Soy Nuts, Ancient Grains, Wrapped in Lettuce Leaves

Served All Day

BUILD YOUR OWN BOWL ............................ 6.99
Two Poached Eggs, Yukon Puree, Sweet Potato Puree or Cauliflower Rice, Pita Puff, Your Choice of 3 Toppings
*Additional 1.10 for Cauliflower Rice

THREE TOPPINGS:
• Smoked Bacon • Green Peppers • Mushrooms • Soy Chorizo
• Chicken Sausage • Green Onions • Cheese
• Chicken Chorizo • Sauteed Spinach • Tomatoes

Served All Day

BUILD YOUR OWN BURRITO .......................... 6.99
Two Scambled Eggs, Your Choice Of 3 Toppings, Choice Of Tortilla Or Pita

THREE TOPPINGS:
• Smoked Bacon • Green Peppers • Mushrooms • Soy Chorizo
• Chicken Sausage • Green Onions • Cheese
• Chicken Chorizo • Sauteed Spinach • Tomatoes

CHOOSE 3 FRUITS/VEGGIES:
• Banana • Kale • Peach • Raspberry
• Blueberry • Mango • Pineapple • Strawberry

CHOOSE 2 MIXERS:
• Almond Milk • Coconut Water • 2% Milk
• Apple Juice • Orange Juice • Soy Milk
• Chocolate Syrup • Pineapple • Vanilla Yogurt

ADD INS
Acai ............ 2.09
Protein Powder .. 1.79
Flax Seed .......... 1.79

Salads

KALE CRUNCH .......................................... 9.29
Kale Blend, Almond, Cranberry, Peppered Turkey, Citrus Vinaigrette

CHICKEN AND EGG ................................. 8.29
Chicken, Egg, Carrots, Red Onion, Tomato, Cucumber, Romaine Lettuce, Balsamic Vinaigrette

WHAT’S UP DOC ....................................... 8.29
Carrot, Hummus, Fattoush, Soy Nuts, Ancient Grains, Spinach, Lemon Vinaigrette

TO THAI FOR ........................................... 8.29
Asian Slaw, Chicken, Peanuts, Crispy Noodles, Edamame, Sesame Ginger Dressing

Hail Caesar ........................................... 8.29
Romaine, Shredded Parmesan, Soy Nuts, Bean Sprouts, Yogurt Caesar Dressing. Add Chicken $1.00

Chicken Basket:

3 CHICKEN TENDERS WITH FRIES .......... 8.19

Smoothie Bar

12oz. 20oz.
Banana, Kale, Flax Seed, Apple, Apple Juice, Vanilla Yogurt.

AÇAI SMOOTHIE .................................... 5.99
Açai, Banana, Apple, Apple Juice, Blueberries, Vanilla Yogurt

BACK TO BASICS .................................... 5.79
Strawberry, Banana, Orange Juice, Vanilla Yogurt

TROPICAL ........................................... 5.79
Mango, Pineapple, Banana, Pineapple Juice, Vanilla Yogurt

GREEN MONSTER .................................... 5.79
Pineapple, Kale, Banana, Apple Juice

MENSA MANGO ....................................... 5.79
Mango, Peach, Banana, Strawberry, Orange Juice, Vanilla Yogurt

BUILD YOUR OWN ............................... 5.99
MENA S MANGO ................................. 6.29

On The Side

SWEET POTATO FRIES ......................... 4.29
FRENCH FRIES .................................... 2.49
PITA CHIPS ........................................ 1.59
WHOLE FRUIT ...................................... 1.59
GREEN BEAN FRIES ......................... 4.29
CAULIFLOWER TOTS ....................... 4.29

Make It A Combo!

20 OZ. BOTTLED DRINK & FRENCH FRIES OF YOUR CHOICE, PITA CHIPS OR A PIECE OF FRUIT .......... 4.49
SWEET POTATO FRIES .................. ADD 1.80

Açai Bowls

CREATE YOUR OWN BASE BOWL .......... 6.49
Açai Bowl, Granola, Sliced Bananas

BERRY BOWL ...................................... 7.99
Açai Bowl, Granola, Sliced Bananas, Blueberries, Strawberries

ADD INS .............................................. 1.00
Peanut Butter, Strawberries, Raspberries, Blueberries, Mango, Dark Chocolate, Dried Cranberries, Walnuts, Coconut, Flax Seeds, Honey, Agave